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## A TASTE OF AFRICA

*A braai is an Afrikaan's word for barbeque. The weather and outdoors life of South Africans make this form of cooking very popular there where it is prepared and grilled in a different fashion to the UK. Bro. President Peter and wife Meg have enjoyed this culinary treat during their visits to their daughter in Cape Town and, with the help of the Ouriques, shared the experience with fellow Brothers and wives on the Bank Holiday weekend. The weather obliged and everyone agreed that the South African slant on a summer favourite went down very well!*

## EVENT DIARY UPDATES!

As advised by Bro. President at last night's meeting, there have been several changes to the events diary:

- New Forest Walk - this has now been put back to October, date to be advised.
- Wellington Walk - this will now take place on Saturday 3 October. Once again we are fortunate to have Geoff Watts lead us on this interesting walk centred around the graves of Wellington's brave men who survived the Battle of Waterloo. It is just £5 per person and those who are unable to attend the walk will be welcome to join the lunch at 12.00 noon at The Cowherds afterwards.
- London theatre visit - unfortunately, we could not get enough people to run this event in November and it has been put on the back burner for another time.
- Tuesday lunch club - there are several items for the lunch clubbers this month from Bro. Secretary.
  - Don't forget that this month's get-together is on the fourth Tuesday of the month (22nd)!
  - The October lunch will be on 20 October at The Dolphin, Hursley and the November lunch will be on 17 November, venue to be confirmed.
  - The Christmas lunch will now be celebrated at Keats, Ampfield on Wednesday 16 December.
- Trafalgar Night - Bro. Vice President has reminded us about this excellent event which is organised by the Portsmouth Circle and will take place on Saturday 24 October at the Brookfield Hotel, Emsworth. Bro. Bernard Clayton is very keen to finalise numbers so could all those interested in attending please confirm to him by email as soon as possible (details in Bro. Vice President's email dated 30 August). The hotel is offering a reduced rate of £85 per night to those who wish to stay.
- Winchester Planetarium - this Winchester Circle event is now back on the launch pad and we are invited to join an exclusive 'Flight around the Universe' on 11 November. taking off at 1.30 pm in the Winchester Science Centre. The cost is £9.25 per person and, back on earth afterwards, there will be a sumptuous cream tea.

## SOUTHAMPTON CIRCLE MEETING

The 1,164th meeting of the Southampton Circle will take place at 7.30 pm on Monday 5 October. It will be brothers only. Dress code: casual suits. Venue: Mercure Dolphin Hotel, 34-35 High Street, Southampton SO14 2HN.

## CIRCLE DUTIES

September Welfare Officer: Folkert van Galen (report at October meeting). Whisky donor: George Wysocki (October meeting).

## NEXT COUNCIL MEETING

The next Council meeting will be at 7.30 pm on Tuesday 29 September 2015.

## September Meeting Statistics

Circle Strength	46
Present	20 (44%)
Apologies	26
No apologies	0
Visitors	1
Visiting gentlemen	0

## CIRCLE PROFILE: GRAHAM PALETHORPE CELEBRATES 25 YEARS!



*Bro. Vice President, Graham Palethorpe celebrated 25 years as a Catenian brother this August which provided a good excuse to feature our future Circle President in a Circle profile! Here, Graham speaks openly about his appreciation for the Association and talks about the campaign, *Our Parish's Future*, in which he plays a role.*

Graham Palethorpe was quietly minding his own business in church one Sunday when he was approached by a dapper gentlemen, a retired RAF Wing Commander called Lawrence Crawley, who invited Graham to be a guest at a Catenian meeting. Never one to pass an opportunity of a free dinner, Graham accepted although he mistakenly thought it would be a prayer group similar to the Knights. At that time the Catenian Association was unknown to the Palethorpe family, even to Graham's devout mother-in-law, so those first three dinners were quite enlightening. He joined the Southampton Circle alongside a good friend and thus began a relationship which has endured.

Over the years, Graham has held the office of President and Provincial Officer. He was President in 2000, the year of the Circle's 100th meeting, and so it is rather surprising, and perhaps rare, that this is the first time that he has been a Vice President! Graham had expected to hold that office in 2000 but when the forthcoming President had to suddenly resign because of family issues, Graham was suddenly elevated to the position of President minus a year's apprenticeship as VP. He credits Philip Crook and Joe Gleeson for guiding him through that incredible year. He says that they wound him up, pointed him in the right direction and off he went! He and Chris had so much fun, meeting so many lovely people from the other Circles and he also enjoyed presiding over the monthly meetings. It was the best decision he had ever made - apart from marrying Chris of course!

Graham feels that the Association opens up opportunities to make contact with people of such varied and interesting backgrounds that members may not meet in their own social circles. As an example, Graham cites a dinner over 20 years ago when he was seated next to a gentlemen who spoke little throughout the meal. It was only towards the end of the evening when Graham learned that his dining companion flew Hurricanes during WWII and he was greatly affected by the fact that he had been in the presence of someone who had risked his life to put an end to tyranny and terror. Quietly and softly spoken, this man was a giant and a hero among his fellow diners and yet where else would Graham have met him? Certainly not among his and Chris's own circle of friends.

Graham is a Hampshire native who was born in New Milton. His father was a policeman with postings in Petersfield and Ringwood until he finally moved the family to Southampton when Graham was 18 years old. His wife, Christine, is a Southampton lass who schooled at St. Anne's. Their son, David, is a recently qualified junior doctor at St. George's, Tooting and their daughter, Catherine, is a King's University graduate in Spanish who is working for a London talent and literary agency. Graham has spent much of his career at IBM but latterly has been employed by the Diocese of Portsmouth to work on *Our Parish's Future* project, formerly known as *Faith in Action*. A parish centric campaign with funds going directly to the parishes, Graham says that *Our Parish's Future* gives parishioners the opportunity to consider carefully about the future needs of their parish against a backdrop of ever-increasing maintenance costs. Significant running costs will arise in the near future and financial challenges must be faced. Each parish must nurture and strengthen its relationship with Christ, sharing and celebrating the Good News in homes, work places and communities. The New Evangelisation will encompass many programmes that will also need funding. As Pope Francis has stated: "Mere administration can no longer be enough. Throughout the world, let us be permanently in a state of mission."

Over the past 25 years as a Catenian brother, Graham has come to understand the significance of the Association's name and symbol. As each Circle is a link in a big chain, he envisages a big anchor welded to the end of that chain, securing each and every member to a set of beliefs and moral values. Catenian brothers are continually reminded of life's challenges through work, social media and other external sources and it is comforting to be able to rely on the fortitude and solidarity of their fellow Brothers who are also facing their own trials but are still willing to offer guidance, support and prayer on each other's behalf. It is something that he and Chris personally experienced this year through the loss of Chris's mother, Margaret, when the love and prayers offered across the Province provided great comfort. As many of the Southampton Circle know, Graham and Chris are so very generous in proffering their own support to others. When April 2015 arrives and Graham takes over from Bro. President Peter Clapham, the Southampton Circle can be assured of continued excellent leadership and the strengthening of the beliefs and values that have sustained the Catenian Association through to modern times.

## BRO. DAVID CAWDERY

The Brothers of Southampton Circle wish to express their most grateful thanks to Brother David Cawdery for the excellent and considerate manner in which he has carried out his office as Director of Province 11. They extend their gratitude and good wishes to him for all that he has done in fulfilling this office.

*Bro. David Cawdery is pictured right with Bro. Pat O'Neill*



## FR. GEORGE LYONS RIP



It was with great sorrow that the Southampton Circle learned of the death last week of Fr. George Lyons. Fr. George was the Priest at St. Joseph's, Romsey and St. Andrew's, North Baddesley, for ten years until last September and was well-known to many of the Southampton Circle Brothers and wives. On Bank Holiday Monday he had travelled with the Vicar General, Fr. Michael Dennehy, to his home town of Killenaule, Co. Tipperary, to visit his 93 year old mother. Fr. Michael writes: "We celebrated Mass on Tuesday morning at the nursing home where she [Mrs Lyons] resides and the three of us had lunch in a town nearby. That evening we met an old friend who is now Parish Priest of Fr. George's home parish. He went to bed that night and I found that he had slipped away during the night when I called him in the morning." Fr. Michael reminds us about Fr. George's capacity to speak to peoples' hearts and his ability to empathise with parishioners in their suffering and, with Bishop Philip, he asks us to remember Fr. George, his mother and family in our prayers. May he rest in God's peace.

*Fr. George is pictured above presenting Bro. Roger Lillie and wife Margaret with a papal blessing*

## With thanks

Dawn would like to express her heartfelt thanks to the Southampton Brothers and wives for their kind emails, cards and telephone calls. Your continued support during what is a worrying time is of great comfort to both of us and much appreciated. Dawn would also like to thank the Circle for its kind gift of bulbs and says she will look forward to watching me plant them in the garden this weekend!

*Bro. Harry Harrison*

## CIRCLE BIRTHDAYS

Congratulations to those whose birthdays are in September, which are surprisingly few this month!

Peter Summerton (3), Sheila Barber (14), Dee Owen (22), Joe Gleeson (27) and Margaret Kemhadjian (27).

## LOTTERY WINNERS

*There was no lottery draw at the August dinner. Therefore, there were two draws at the September dinner (and four winners!). The whisky draw did take place in August, however, so there is only one whisky winner this month.*


August	1st: Pat O'Shea	2nd: Graham Palethorpe
September	1st: Jenny Thompson	2nd: Alison Dobell
Whisky winner:	Peter Summerton	

**PRAYERS** Your prayers are requested for those who are unwell: Myra Andrade, Dick and Sheila Barber, Roger Carter, Pat Feighery, Rita Forster, Joe Gleeson, Dawn Harrison, Margaret Kehmadjian, Ann O'Neill, Felicity Singleton and Katie Smith.



**IN MEMORIAM** Prayers for September anniversaries are: Percy Hollick, Trevor Middleton, Harold Payne, Roy Rylance and Ted Tickle. Please pray for Fr. George Lyons RIP and the Lyons family, and also for Fr. Michael Dennehy and the parishioners of English Martyrs and St. Joseph's churches.

## CIRCLE EVENTS 2015

Sunday 13 September	DAHLIA FARM & AFTERNOON TEA	12.00 noon: Gilberts Nursery & Tearoom, SO51 6DT. £9.25 pp. <i>Please confirm your attendance to GrahamPalethorpe@gmail.com.</i>
Tuesday 22 September	LUNCHEON CLUB 	12.00 noon: The Filly Inn, Brockenhurst, SO42 7UF 01590 623 449. <b>(4th Tuesday!)</b> <i>Please confirm your attendance to drtpalmer@hotmail.com.</i>
3 October	Wellington Walk: visit the graves of Battle of Britain survivors	10.00 am: At Cemetery Gates. £5pp. Lunch at The Cowherds. <i>Please confirm your attendance to GrahamPalethorpe@gmail.com.</i>
20 October	Lunch Club	12.00 noon: The Dolphin, Hursley, SO21 2JY 01962 775 209. <i>Please confirm your attendance to drtpalmer@hotmail.com.</i>
October	New Forest Walk	<i>Details to be confirmed.</i>
17 November	Lunch Club	<i>Details to be confirmed.</i>
20 November	Race Night at the Dolphin	<i>Details to be confirmed.</i>
27 November	Deceased Brothers's Mass	<i>Details to be confirmed.</i>
16 December	Lunch Club Christmas lunch	12.00 noon: Keats, Ampfield

### AROUND THE PROVINCE AND BEYOND 2015/16

15 September 2015	Inauguration of Blandford Circle	For more information, please contact Bro. Secretary.
24 October 2015	Trafalgar Event (Portsmouth Circle)	6.30 pm: Brookfield Hotel, Emsworth. Ladies night/black tie. £30 pp. <i>Please confirm your attendance to GrahamPalethorpe@gmail.com.</i>
11 November 2015	Winchester Planetarium (Winchester Circle)	2.30 pm: Winchester Science Centre (followed by a cream tea!) £12.25 pp <i>Please confirm your attendance to drtpalmer@hotmail.com.</i>
11-13 March 2016	Provincial Weekend	Holiday Inn, Bridgefoot, Stratford upon Avon CV37 6YR.
10-12 June 2016	Southampton President's Weekend	Purbeck House Hotel, Swanage (to include Fish Festival). <i>Please confirm your attendance to GrahamPalethorpe@gmail.com.</i>

### October Menu

*Goat's cheese & red pepper tart with balsamic glaze*

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*Braised ribeye steak*

*with seasonal vegetables and mash potatoes*

**or**

*Sea bass with tomato, red onion and red pepper salsa*

**or**

*Beetroot & mascarpone risotto*

~ ~ ~

*Choice of Desserts:*

*Apple & blackberry crumble with homemade custard*

**or**

*Cheese platter*

*(please confirm to Dining Officer)*

~ ~ ~

*Please advise the Dining Officer of your selection*

*Jim Shine at jimandsiobhanshine@btinternet.com*

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Southampton Catenian website: <http://www.southamptoncatenians.org>

President's Charity website: [www.faihandlight.org.uk](http://www.faihandlight.org.uk)